



sunlighten™

empowering wellness™



sunlighten™

mPulse™

sunlighten.com

"If you want to live well, you need to use a Sunlighten™ sauna. An infrared sauna will help you maximize your metabolism, remove toxins, and reduce inflammation and soreness. An infrared sauna is a great secret to extraordinary physical health."

-Jorge Cruise

Health Expert & Best-Selling Author



"With clinically-backed infrared heaters, Sunlighten™ saunas aid in detoxification, blood pressure reduction, weight loss, pain relief and skin purification. Made of Non-toxic materials with easy set up, comfort and use, these are the preferred choice for treatment of Lyme disease, autism and other chronic conditions for lifetime use."

-Dr. Dietrich Klinghardt

Klinghardt Academy of the Healing Arts

FOR PRICING, CALL **877.292.0020** OR VISIT **SUNLIGHTEN.COM**

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ABOUT OUR COMPANY

Trust in a Company That Cares

Founded in 1999, Sunlighten™ produces and sells infrared saunas for therapeutic benefit for both residential and commercial use. We were established with one distinct purpose: to perpetuate the shift away from disease treatment and towards disease prevention. Sunlighten was founded as a result of a personal experience with the healing power infrared therapy.

Research and Development

Sunlighten conducted extensive market research to determine what customers want in an infrared sauna. This insight became the genesis of our focus on creating infrared saunas that are both beautiful and effective.

The Sunlighten Commitment

We have taken the time, effort and consideration to research every aspect of our custom-built saunas to best meet the needs of our customers. We know our saunas inside and out, and are confident in offering the highest quality product on the market.

Clinically Tested Technology

Our patented Solocarbon® & Solocarbon® 3-in-1 heaters provide 7x more effective detoxification than those found in traditional saunas AND are the only infrared technology backed by clinical data shown to reduce blood pressure, increase core temperature and aid in weight loss.

Recommended by Health Experts

We offer the line of saunas used by more wellness providers and endorsed by more health professionals than anyone due to our ability to safely and most effectively deliver the sun's naturally healing radiant heat.

Established & Proven Leader

We are the leaders in the infrared sauna industry, in business to help others through continued technological innovation, superior product quality and unsurpassed customer service. Sunlighten has won numerous awards including CES Innovation Award, KC Chamber's Small Business of the Year and Entrepreneur Magazine's HOT 100.

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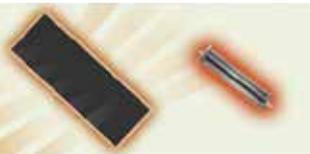
Infrared Light

Infrared light (experienced as heat) is the natural radiant heat emitted by the sun. It is 100% safe and even used to warm premature babies. Picture yourself feeling the sun's rays on a warm day. That is what it is like to be in a Sunlighten™ sauna. This comforting heat warms you from the inside, for a deep and detoxifying sweat.



Sunlighten vs. Traditional Saunas

Sunlighten saunas use infrared heat rays instead of steam, as is used in traditional saunas. Infrared gently heats the body from within instead of heating the air. It has the ability to penetrate the surface of the skin, which gives your body overall radiant warmth. Traditional heaters only heat the air, which can become extremely hot and uncomfortable in which to breathe.



Carbon vs. Ceramic Heaters

Sunlighten's carbon-based heating technologies emit more infrared energy at a lower surface temperature. This leads to pain relief, better circulation and more effective detoxification, among several other benefits. In addition, there are no cold spots, as occur in saunas using ceramic rods.



Patented Solocarbon® and Solocarbon® 3-in-1

Solocarbon® is the most advanced and beneficial technology available. In fact, Solocarbon has been clinically shown to raise core body temperature nearly 3° in a 30 minute session. This is important, because raising core body temperature is the catalyst for nearly all of the health benefits associated with infrared therapy. With the introduction of Solocarbon® 3-in-1, Sunlighten now offers a heating technology capable of delivering near, mid and far infrared to more precisely target a myriad of personalized health concerns.

HEALTH BENEFITS

NEAR INFRARED

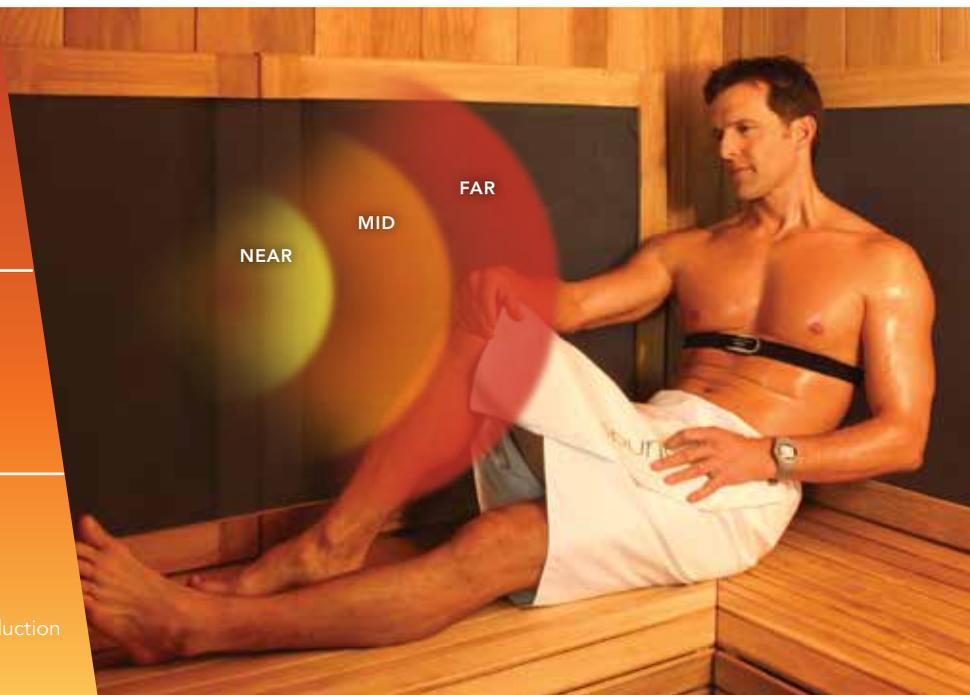
- ▶ Cell Health/Immunity
- ▶ Wound Healing
- ▶ Skin Purification
- ▶ Pain Relief

MID INFRARED

- ▶ Pain Relief
- ▶ Improved Circulation
- ▶ Weight Loss

FAR INFRARED

- ▶ Weight Loss
- ▶ Detoxification
- ▶ Blood Pressure Reduction
- ▶ Relaxation



Detoxification

Sweating is the body's safe and natural way to heal, stay healthy and detoxify. In a Sunlighten sauna, the average person sweats out 20% toxins and 80% water, while in a conventional sauna, the average person only sweats out 3% toxins and 97% water.



Weight Loss

Studies have shown an infrared sauna session can burn up to 600 calories. As the body works to cool itself, there is a substantial increase in heart rate, cardiac output and metabolic rate. Sunlighten saunas showed a reduction in belly fat in just a 3 month period.



Relaxation

With the most effective Solocarbon® heat, we can deliver the ultimate therapeutic experience. Our saunas will help you relax in comfort with an invigorating sweat that will have you feeling stress-free with each session.



Pain Relief

Clinical research on pain has shown evidence of heat responsive pain or HRP, which encompasses several common pain conditions that can be specifically treated with the use of our infrared heat therapy.



Blood Pressure Reduction

Sunlighten's Solocarbon® heaters were shown in a clinical study by the University of Missouri Kansas City in 2005 to lower blood pressure from a 30 minute infrared sauna session three times per week.



Improved Circulation

Sunlighten saunas heat your muscles with infrared rays and produces an increase in blood flow similar to regular exercise. Blood flow during infrared sauna use has been reported to rise from a normal rate of 5-7 quarts per minute to as much as 13 quarts per minute.



Anti-Aging

A study showed significant improvements in skin appearance after just 12 weeks of sauna skin therapy using near-infrared technology. Participants experienced a reduction in wrinkles and crow's feet, as well as improved overall skin tone, including softness, smoothness, elasticity, clarity and firmness.



Wound Healing

Studies conducted by NASA concluded that NIR LED light significantly promotes faster cell regeneration, wound healing and human tissue growth. Human cell growth increased by 155%-171% in some cases and wound size decreased by 36%.



Cell Health

Sunlighten infrared therapy stimulates the circulatory system, which causes more toxins to flow from the cellular level to the skin's surface to improve cell health, aid in muscle recovery and strengthen the immune system.

mPULSE® SERIES

The mPulse Series is the world's 1st & ONLY Android-powered line of smart infrared saunas to offer 3-in-1 (near, mid and far infrared) technology, customizable to safely & effectively target your health needs. Eco-certified wood, bamboo strand heater covers and energy efficiency make this the clear green choice!



mPulse® bELEIVE

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mPULSE® SERIES FEATURES



MAGNE-SEAL™

1 Patented Solocarbon® 3-in-1

Clinically-backed heaters deliver blends of near, mid & far infrared for desired result; proven both safe and effective with 99% emissivity and low EMF.

2 Near Infrared LEDs

NASA inspired technology provides true NIR at a consistent output.

3 6 Preset Wellness Programs

One touch programs emit the optimal blend of wavelengths to achieve detoxification, weight loss, pain relief, anti-aging, cardio and relaxation.

4 Customizable Heaters

Choose to customize the infrared output of each sauna session to precisely target individual health results.

5 Carbonized Bamboo Heater Covers

Washable, anti-bacterial, eco-friendly & emit infrared rays to grant full exposure.

6 10.1" Android-powered Control Panel

One-touch access to sauna controls. High resolution screen provides a clear picture for DVDs. Schedule mode allows multiple users to schedule sessions.

7 Certified Eco-Friendly Wood

Highest quality, environmentally responsible wood available in cedar, basswood and eucalyptus.

8 Smart System Technology

Ensures optimal system performance & Wifi connectivity for up-to-date programming.

9 Ergonomic, Floating Benches

Chiropractor consulted in design to reduce stress on the body; removable to create space for stretching or yoga poses.

10 Patented Magne-Seal™ Assembly

Prolong cabinetry, increase sturdiness and assemble your sauna in a snap with our patented magnetic system. No visible clips or screws!



Basswood

aSPIRE

EXTERIOR

width 43.6 in.
 depth 41.6 in.
 height 78.6 in.
 weight up to 570 lbs.
 power 120v, 1800w, 15a

INTERIOR

37.6 in. W x 35.6 in. D x 71.5 in. H
 bench 37.6 in. x 22 in. x 20 in.

DEDICATED 120V 15A CIRCUIT AND OUTLET REQUIRED.



Available in: Canadian Cedar Hypoallergenic Basswood Eucalyptus



Basswood

bELIEVE

EXTERIOR

width 51.7 in.
 depth 47.6 in.
 height 78.6 in.
 weight up to 690 lbs.
 power 120v, 2400w, 20a

INTERIOR

45.7 in. W x 41.6 in. D x 71.5 in. H
 bench 45.7 in. x 22 in. x 20 in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in: Canadian Cedar Hypoallergenic Basswood Eucalyptus



Cedar

cONQUER

EXTERIOR

width 70.6 in.
 depth 47.6 in.
 height 78.6 in.
 weight up to 842 lbs.
 power 240v, 3840w, 20a

INTERIOR

64.6 in. W x 41.6 in. D x 71.5 in. H
 bench 64.6 in. x 22 in. x 20 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in: Canadian Cedar Hypoallergenic Basswood Eucalyptus



Cedar

DISCOVER

EXTERIOR

width 70.6 in.
 depth 70.6 in.
 height 78.6 in.
 weight up to 1088 lbs.
 power 240v, 3840w, 20a

INTERIOR

64.6 in. W x 64.6 in. D x 71.5 in. H
 bench 64.6 in. x 22 in. x 20 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Canadian Cedar  Hypoallergenic Basswood  Eucalyptus

eMPower

EXTERIOR

width 85.6 in.
 depth 70.6 in.
 height 78.6 in.
 weight up to 1310 lbs.
 power 240v, 3840w, 20a

INTERIOR

79.6 in. W x 64.9 in. D x 71.5 in. H
 bench 79.6 in. x 22 in. x 20 in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Canadian Cedar  Hypoallergenic Basswood  Eucalyptus



Eucalyptus

SIGNATURE® SERIES

The Signature™ Series is the safest and most effective far infrared sauna on the market with Solocarbon® technology - the ONLY far infrared technology clinically shown to lower blood pressure, increase core temperature and aid in weight loss.



Signature® II

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SIGNATURE® SERIES FEATURES



1 Patented Solocarbon® Far Infrared Technology

Our clinically-tested Solocarbon® heaters are 95% emissive making it the most effective far infrared heater on the market - shown to lower blood pressure, increase core temperature and aid in weight loss.

2 Ultra Low EMF Technology

Our proprietary heater design virtually eliminates all EMF and steel conduit electrical shielding makes Solocarbon heaters as safe as possible.

3 Patented Magne-Seal™ Technology

Prolong cabinetry, increase sturdiness and assemble your sauna easily with our patented magnetic system.

4 Beautiful Craftsmanship

Solid tongue and groove construction, 33% thicker wood than the industry standard, commercial grade for extra durability.

5 Deeper Benches

Benches are solid wood, 19" high and 20" deep; removable to allow full use of floor space for stretching or yoga poses.

6 Premium Blaupunkt Sound System

High Quality AM/FM CD player with two premium speakers.

7 Soft Interior Lighting

Soft interior lights add an intimate ambiance. Add Chromotherapy for added health and harmony.

8 Reservation Mode

Preset your sauna with a 36-hour programmable timer.

SIGNATURE® SERIES



Basswood

SIGNATURE I

EXTERIOR

width 37.8 in.
depth 39.8 in.
height 77.5 in.
power 120v, 1350w 15a

INTERIOR

32.1 in. x 33.6 in. x 70.1 in.
bench 32.1 in. x 20 in. x 19 in.

HEATER SURFACE AREA

2809 sq. in.

DEDICATED 120V 15A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood  Canadian Cedar



Cedar

SIGNATURE II

EXTERIOR

width 51 in.
depth 46.1 in.
height 77.5 in.
power 120v, 2006w, 20a

INTERIOR

45.9 in. x 40.0 in. x 70.1 in.
bench 45.9 in. x 20 in. x 19 in.

HEATER SURFACE AREA

4039 sq. in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood  Canadian Cedar



Basswood

SIGNATURE III

EXTERIOR

width 62.4 in.
depth 46.1 in.
height 77.5 in.
door width 28.0 in.

power 120v, 2035w, 20a

INTERIOR

57.3 in. x 40.0 in. x 70.1 in.
bench 57.3 in. x 20 in. x 19 in.

HEATER SURFACE AREA

4656 sq. in.

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood  Canadian Cedar



Cedar

SIGNATURE IV

EXTERIOR

width 80.9 in.
depth 56.1 in.
height 77.5 in.
door width 28.0 in.

power 240v, 2500w, 20a

INTERIOR

74.4 in. x 49.9 in. x 70.3 in.
bench 74.4 in. x 20 in. x 19 in.

HEATER SURFACE AREA

5148 sq. in.

DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED.



Available in:  Hypoallergenic Basswood  Canadian Cedar

COMMUNITY SAUNA



Sunlighten's patented heating technology is now available in an industrial-grade sauna with ADA-compliant regulations. Solocarbon heaters provide the highest quantity and quality of far infrared heat available, are ultra low EMF for ultimate safety and are clinically tested to lower blood pressure, aid in detoxification and weight loss.

EXTERIOR

width 85.6 in.
depth 70.6 in.
height 77.5 in.
power 240v, 2970w, 20a

INTERIOR

79.6 in. x 64.9 in. x 71.5 in.
bench 79.6 in. x 20 in. x 19 in.
heaters 15

HEATER SURFACE AREA
7020 sq. in.

**DEDICATED 240V 20A CIRCUIT
AND OUTLET REQUIRED.**



Available in:  Eucalyptus

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COMMUNITY SAUNA FEATURES

- 100% ADA-compliant with 36" door and 60"x60" turning radius
- 1:12 ramp with safety rails and brushed finish to prevent slipping
- 3 different bench variations for extra turning space
- Additional bracing support under bench and floor
- Non-toxic, waterproof sealant protects from water and sweat
- 16 gauge, industrial strength electrical wiring
- Patented Magne-Seal assembly provides double reinforcement
- Made from premium eucalyptus wood



SOLO SYSTEM®

Looking for some alone time? Go Solo!

For a healthier, happier you, surround your body with the proven effects of Solocarbon® far infrared heat - the only infrared heater shown to lower blood pressure, increase core temperature and aid in weight loss. Lightweight and portable, the Solo System uses the same effective and safe, low EMF technology as our Signature line. Find solace with this personal, portable, affordable and highly effective far infrared sauna.



Solo System®

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Solo Features:

- + Patented Solocarbon® clinically-tested heaters
- + Ultra low EMF technology
- + Modern Bamboo Carbon exterior
- + Zone-based digital heater controls
- + Double-dome, light weight design
- + Exclusive Solopad® & pillow included

Modes of Use



Take comfort with the Solopad®

The Solopad® features clinically-tested Solocarbon® heat in a full body pad for total body surround and ultra plush 3" memory foam for the most comfortable and effective sauna experience. Use with the Solo or place on the bed, sofa or chair for soothing far infrared therapy anytime, anywhere.



SOLO®

length	69.0 in.
width	28.0 in.
height	18.0 in.
weight	68 lbs.
power	120v, 960w, 8a
heaters	5



SOLOPAD®

length	74.0 in.
width	23.6 in.
height	4.0 in.
weight	12 lbs.
power	120v, 300w, 2.5a
heaters	4

DEDICATED 120V 15A CIRCUIT AND OUTLET REQUIRED.



ENHANCEMENTS & OPTIONS



Acoustic Resonance Therapy

This ground-breaking add-on technology is the heartbeat within your Sunlighten sauna. It uses sound waves to create a musical massage that harmonizes all the systems of the body, expediting the relaxation response to help you “melt” into your sauna.



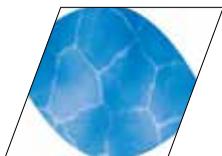
Chromotherapy Lighting

Enjoy the healing benefits of color and light therapy in your Sunlighten sauna. This feature is available in any of our wooden models.



Pure Sweat Cream

Using Pure Sweat during a sauna session can substantially improve circulation, energy, and sweating, activate slow to respond areas and accelerate warm up and recovery time for a more effective sauna session or workout.



maintainME Program

Combines three products that support the central pillars of human wellness – detoxification, electrolyte balance and gut health . Each are especially formulated to keep your body performing at its peak during periods of regular sauna use, stress or exertion.



Bamboo Carbon Towels

Naturally anti-bacterial, anti-fungal and deodorizing, Bamboo Charcoal is also highly absorbent and can actually re-emit 90% of infrared rays.



Spungi Eye Bag

Release tension around your eyes and brow with our microfiber eyebag. It comes with a removable, washable cover.



Natural Sauna Cleaners

Our natural cleaners are made specifically for use within your sauna. They were formulated from the latest and safest technologies available.



Water-Resistant Cover

For outdoor use, protect your sauna and keep your lifetime warranty intact.



Corporate Headquarters in Overland Park, KS

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Our Associates look forward to serving you!

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